

GUIDEPOSTS ADVANCED ARAN PATTERN¹

This is written in just one size (small), using smaller needles than the basic pattern, and adding the Aran patterns to make it more interesting and fun.

Materials

About 9 oz (260 grams) wool; any weight from baby wool up to worsted weight
Pair needles each U.S. size 2 (2.75 mm) and 4 (3.5 mm)
Cable needle
Yarn needle

Tension

Keep it consistent but otherwise knit at whatever tension seems comfortable. There is a need for all sizes.

ABBREVIATIONS

Alt = alternate; beg = beginning; dec = decrease; inc = increase; ins = inches; k = knit; p = purl; pssso = pass slipped stitch over; rep = repeat; sl = slip; st(s) = stitch(es); tog = together; wf = wool forward.

ARAN ABBREVIATIONS

Cross 2 = Slip one knitwise, k1, wf, pass the slipped stitch over the k st and the wf.

C4B (Cable 4 back) = slip next 2 sts on to cable needle and leave at back of work, k2, then knit sts from cable needle.

C4F (Cable 4 front) = slip next 2 sts on to cable needle and leave at front of work, k2, then knit sts from cable needle.

C2B (Cable 2 back) = slip next st on to cable needle and leave at back of work, k1, then knit st from cable needle.

C2F (Cable 2 front) = slip next st on to cable needle and leave at front of work, k1, then knit st from cable needle.

T2B (Twist 2 back) = slip next st on to cable needle and leave at back of work, k1, then purl st from cable needle.

T2F (Twist 2 front) = slip next st on to cable needle and leave at front of work, p1, then knit st from cable needle.

¹ Pattern adapted by Ellen Fair of Parenting magazine

T3F (Twist 3 front) = slip next st on to cable needle and leave at front of work, k1, p1, then knit st from cable needle.

FRONT

With smaller size needles, cast on 67 sts.

Knit 10 rows garter stitch (knit across every row).

Change to larger size needles and begin 24-row pattern:

1st row (right side): K1, [p1, k1] 3 times, p1 k4, p1, cross 2, p1, k4, p1, cross 2, p9, T3F, p9, cross 2, p1, k4, p1, cross 2, p1, k4, p1, k1 [p1, k1] 3 times.

2nd row (wrong side): [P1, k1] 4 times, p4, k1, p2, k1, p4, k1, p2, k9, p1, k1, p1, k9, p2, k1, p4, k1, p2, k1, p4, [k1, p1] 4 times.

3rd row: k7, p1, C4B, p1, cross 2, p1, C2B, C2F, p1, cross 2, p8, T2B, p1, T2F, p8, cross 2, p1, C2B, C2F, p1, cross 2, p1, C4F, p1, k7.

4th row: k8, p4, k1, p2, k1, p4, k1, p2, k8, p1, k3, p1, k8, p2, k1, p4, k1, p2, k1, p4, k8.

5th row: K1, [p1, k1] 3 times, p1 k4, p1, cross 2, p1, k4, p1, cross 2, p7, T2B, p3, T2F, p7, cross 2, p1, k4, p1, cross 2, p1, k4, p1, k1 [p1, k1] 3 times.

6th row: [P1, k1] 4 times, p4, k1, p2, k1, p4, k1, p2, k7, p1, k5, p1, k7, p2, k1, p4, k1, p2, k1, p4, [k1, p1] 4 times.

7th row: k7, p1, k4, p1, cross 2, p1, C2B, C2F, p1, cross 2, p6, T2B, p5, T2F, p6, cross 2, p1, C2B, C2F, p1, cross 2, p1, k4, p1, k7.

8th row: k8, p4, k1, p2, k1, p4, k1, p2, k6, p1, k7, p1, k6, p2, k1, p4, k1, p2, k1, p4, k8.

9th row: K1, [p1, k1] 3 times, p1 C4B, p1, cross 2, p1, k4, p1, cross 2, p5, T2B, p7, T2F, p5, cross 2, p1, k4, p1, cross 2, p1, C4F, p1, k1 [p1, k1] 3 times.

10th row: [P1, k1] 4 times, p4, k1, p2, k1, p4, k1, p2, k5, p1, k9, p1, k5, p2, k1, p4, k1, p2, k1, p4, [k1, p1] 4 times.

11th row: k7, p1, k4, p1, cross 2, p1, C2B, C2F, p1, cross 2, p4, T2B, p9, T2F, p4, cross 2, p1, C2B, C2F, p1, cross 2, p1, k4, p1, k7.

12th row: k8, p4, k1, p2, k1, p4, k1, p2, k4, p1, k11, p1, k4, p2, k1, p4, k1, p2, k1, p4, k8.

13th row: K1, [p1, k1] 3 times, p1, k4, p1, cross 2, p1, k4, p1, cross 2, p4, k1, p11, k1, p4, cross 2, p1, k4, p1, cross 2, p1, k4, p1, k1 [p1, k1] 3 times.

14th row: [P1, k1] 4 times, p4, k1, p2, k1, p4, k1, p2, k4, p1, k11, p1, k4, p2, k1, p4, k1, p2, k1, p4, [k1, p1] 4 times.

15th row: k7, p1, C4B, p1, cross 2, p1, C2B, C2F, p1, cross 2, p4, T2F, p9, T2B, p4, cross 2, p1, C2B, C2F, p1, cross 2, p1, C4F, p1, k7.

16th row: k8, p4, k1, p2, k1, p4, k1, p2, k5, p1, k9, p1, k5, p2, k1, p4, k1, p2, k1, p4, k8.

17th row: K1, [p1, k1] 3 times, p1, k4, p1, cross 2, p1, k4, p1, cross 2, p5, T2F, p7, T2B, p5, cross 2, p1, k4, p1, cross 2, p1, k4, p1, k1 [p1, k1] 3 times.

18th row: [P1, k1] 4 times, p4, k1, p2, k1, p4, k1, p2, k6, p1, k7, p1, k6, p2, k1, p4, k1, p2, k1, p4, [k1, p1] 4 times.

19th row: k7, p1, k4, p1, cross 2, p1, C2B, C2F, p1, cross 2, p6, T2F, p5, T2B, p6, cross 2, p1, C2B, C2F, p1, cross 2, p1, k4, p1, k7.

20th row: k8, p4, k1, p2, k1, p4, k1, p2, k7, p1, k5, p1, k7, p2, k1, p4, k1, p2, k1, p4, k8.

21st row: K1, [p1, k1] 3 times, p1, C4B, p1, cross 2, p1, k4, p1, cross 2, p7, T2F, p3, T2B, p7, cross 2, p1, k4, p1, cross 2, p1, C4F, p1, k1 [p1, k1] 3 times.

22nd row: [P1, k1] 4 times, p4, k1, p2, k1, p4, k1, p2, k8, p1, k3, p1, k8, p2, k1, p4, k1, p2, k1, p4, [k1, p1] 4 times.

23rd row: k7, p1, k4, p1, cross 2, p1, C2B, C2F, p1, cross 2, p8, T2F, p1, T2B, p8, cross 2, p1, C2B, C2F, p1, cross 2, p1, k4, p1, k7.

24th row: k8, p4, k1, p2, k1, p4, k1, p2, k9, p1, k1, p1, k9, p2, k1, p4, k1, p2, k1, p4, k8.

Rep the last 24 rows once more, then work 12 rows of next pattern (3rd diamond).

Sleeves

Row 13: Add on 28 sts loosely for sleeve. Knit across 34 sts, p2, k4, p1, cross 2, p1, k4, p1, cross 2, p4, k1, p11, k1, p4, cross 2, p1, k4, p1, cross 2, p1, k4, p2, k6 (note that broken rib on edge now switches to garter stitch).

Row 14: Add on 28 sts loosely for other sleeve. Knit across 36 sts, work middle 51 sts to continue Aran pattern, knit last 36 sts (123 sts total).

Row 15: Slip one as if to knit, knit across 33 sts (34 sts total), p2, work center 51 sts maintaining Aran pattern, p2, knit remaining 34 sts.

Row 16: Slip one as if to knit, knit across 35 sts, work center 51 sts maintaining Aran pattern, knit remaining 36 sts.

Continue to work sleeves in garter stitch (slipping first stitch of every row) while maintaining Aran pattern in center panel until you have completed the 4th diamond and row #1 of the 5th diamond.

Beginning with row #2 of fifth diamond, switch to garter stitch (slipping first st) all the way across.

Continue in garter stitch through row #14.

Row # 15: Bind off loosely in knit.

BACK

Work same as Front.

FINISHING

Sew shoulder seams leaving a 7 1/2-in neck opening.

With right sides together, sew sleeve and side in one continuous seam.

Please send all sweater donations to:

*Knit for Kids
39 Seminary Hill Road
Carmel, NY 10512*